


GROUP FITNESS CLASS SCHEDULE

EXETER GGX SCHEDULE							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30AM GGX						SCULPT STRENGTH AMY	STEP ADRIENNE
9:30AM GGX			SCULPT STRENGTH NATALIE	BARRE EILEEN	CARDIO SCULPT JOELLA		
11:00AM GGX		 VICKIE		 WEIGHTS/BALANCE DORRINE			
5:30PM GGX	SCULPT STRENGTH AMY	YOGA SCULPT DORRINE	SCULPT & CORE ADRIENNE	CARDIO BOOT CAMP (45) AMY			
6:30pm GGX		ZUMBA VAL					
EXETER CYCLE SCHEDULE							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:30AM CYCLE						CYCLE ROTATION MELISSA/NATALIE	
5:30PM CYCLE	CYCLE MELISSA						
EXETER AQUA SCHEDULE							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00AM AQUA			 AQUA VICKIE		 AQUA ZUMBA JULIE		
6:00PM AQUA	 AQUA BETH						